


T-SHIRT SEASON BEGINS IN JUNE

MAY 2010

FORGIVING

To forgive someone is to let go of the anger or resentment you feel towards them. As a Martial Artist, be compassionate and do not hold grudges against people, even when they have not behaved in the kindest or best way possible towards you. Anger will eat you up inside. Be Strong enough to forgive the weakness in others.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
WORD OF THE WEEK EXCUSE		FORGIVING				PRIVATES ONLY	1 STORM
2 WORD OF THE WEEK RELEASE	3 T-SHIRT WEEK ->	4	VIVA MEXICO		6	7	8 STORM
9 Mother's Day	10 Mother's Day	11 TRAINING IN THE DARK/STREET CLOTHES	12 TRAINING IN THE DARK/STREET CLOTHES	13	14	15 STORM	
16 WORD OF THE WEEK SET IT FREE	17 CHILD AWARENESS	18	19 TRAINING AT THE PARK BBC ONLY			21 GUNS LEVEL #3	22 GUNS LEVEL #3
23 WORD OF THE WEEK MOVE ON	24 T-SHIRT WEEK->	25	Special Mother's gift, all non-active Mother's will train for FREE for the month of May				29 TESTING 10AM
30 WORD OF THE WEEK START OVER	31	ASK ABOUT OUR AWARD WINNING GUN CLASSES!				