

**FREE!**

**To The Public**

# Women's Personal Protection Workshop

This is a public service provide by  
North American Kajukenbo

**March the 26th @ 6pm**

Location NAK Martial Arts

745 N Gilbert Rd #118 Gilbert Az 85234

480-632-7833 [www.gotthenak.com](http://www.gotthenak.com)

Or e-mail at [salbns@yahoo.com](mailto:salbns@yahoo.com)



According to the Phoenix Police Department, in 2007 there were over 5000 violent crimes in our city. Violent crimes are described as rape, murder, robbery and aggravated assaults. In 2007 there were 286 rapes cases in our city. As of 2008, there are hundreds of registered sex offenders in our neighborhoods alone. These are startling statistics.

[North American Kajukenbo Association](#)

Specializes in making women safer in our community. You are invited and encouraged to participate in this Women's Personal Protection Workshop. This is a special session designed for women and taught by experts in the field of personal protection. This is knowledge every women needs to know.

This interactive seminar will cover

- Awareness, Prevention and safety tips.
- Interactive role plays and scenarios
- Basics escapes Strategies
- Key Chain techniques

**Let us show you HOW to protect yourself**

Call to reserve your spot today!

North American Kajukenbo Association

**R.S.V.P 480-632-7833**

